

Provincial Group
Virtual (via Webex)
Ages 18+

Suicide Loss Support Group



WHAT TO EXPECT:

- *Be with other survivors of suicide loss in a safe and supportive environment
- *Experience connection with others with similar grief experiences.
- *Space for education and discussion on suicide grief.

TO REGISTER:

email - nlgroups@nlhealthservices.ca

Or visit our
webpage



Facilitators :

Jackie Butt (MSW, RSW) - Provincial Groups Coordinator
Nichola Park (BSW, RSW) - Stepped Care Counselor (Western)

DETAILS:

8 Sessions

Wednesdays 9:30-11:30 (am)
(island time)

Nov. 25 -Dec.16, 2026

Jan. 6 - Jan. 27, 2027

Being with others who have experienced a similar loss has proven to break isolation and create long-term networks of support.