Provincial

Addictions Drop-in Group

AGES 18+ VIRTUAL BY ZOOM



RT

GUIDANCE

HELP

ADVICE

ASSISTANCE

Addictions Drop-In Group

- *For anyone struggling with addiction (alcohol, drugs, gambling, other)
- *Abstinence can be your goal, but we also explore Harm Reduction
- *You don't have to have a lot of recovery time under your belt, you just have to be sober on the day you attend
- *You need to be in the province to attend
- *Learn how to cope with day to day life & build a brighter future



Safe Space



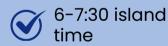
Learn new things

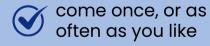


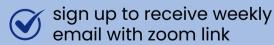
Holistic Approach

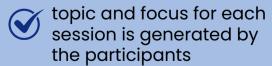
DETAILS













Email
addictionsgroups@easternhealth.ca
NL Health-services