

Mental Health & Addiction Services

More options when you need them.



CHILDREN & ADOLESCENT SERVICES (St. John's)

CENTRAL INTAKE services for Janeway Family Centre, Janeway Psychiatry, Bridges Program, Connect and Adolescent Addictions Services
777-2200

ADULT SERVICES

CENTRAL INTAKE for Community Mental Health & Addictions Services

St. John's
752-8888 or Email: MHAintake@easternhealth.ca

Clarenville	466-5723
Bonavista	468-5318
Harbour Grace, Bay Roberts, Old Perlican	945-6584 945-6512
Placentia, Whitbourne, St. Mary's, Holyrood	227-1624

SPECIALIZED ADDICTIONS SERVICES

CAST (Concurrent, Addictions, Specialized Treatment)	777-5074
RECOVERY CENTRE (16 years+)Residential	
Withdrawal Management	752-4980
OPIOID TREATMENT CENTRE	752-4478
THE GRACE CENTRE	945-4500

Hospitals & Health Facilities

A full listing of Eastern Health facilities can be found [here](#).

MENTAL HEALTH/ADDICTIONS COUNSELLING/CASE MANAGEMENT



Bay Roberts	786-5224
Bonavista	468-5317
Burin Placentia West	443-2100
Clarenville	466-5723
Ferryland	432-2930
Grand Bank	832-1640
Harbour Grace	945-6512
Holyrood	229-1551
Marystown	279-7952
Mount Carmel	521-2113
Old Perlican	587-2200
Placentia	227-3641 227-1624
St. John's	752-4903
St. Lawrence	873-2330
St. Mary's	525-2100
Trepassey	432-2930
Whitbourne	759-3370
Witless Bay	334-3941

You are not alone. We're here to help.

For immediate help, call 911 or go to your local Emergency Department.





CENTRE CITY

3 West, St. Clare's 777-5390
 LeMarchant House 777-5622
 Shea Heights 752-4313

EAST END

Terrace Clinic 777-3453
 Bell Island 488-2701
 Torbay 437-2210

WEST END / CBS

Mount Pearl Square,
 Topsail Road 752-4121
 Villa Nova Plaza, CBS 834-7906

RURAL

Bay Roberts 786-5224
 Bonavista 468-5318
 Clarenville 466-5723
 Ferryland 334-3941
 Grand Bank 832-1640
 Harbour Grace 945-6513
 Holyrood 229-1551
 Marystown 279-7952
 Placentia 227-3641
 Placentia West 443-2100
 St. Lawrence 873-4283 or
 873-2330
 Trepassey 334-3941
 Whitbourne 759-3370
 Witless Bay 334-3941

HOUSING

Community Care,
 Conception Bay South 834-0801
 Board & Lodging (Relatives),
 Waterford Hospital 777-3341
 Board & Lodging (Non-Relatives),
 Waterford Hospital 777-3340

SPECIALIZED SERVICES

ACT Team, Majors Path 752-3511
 Ambulatory Care,
 Waterford Hospital 777-3332
 Day Treatment Program,
 St. Clare's 777-5252
 PIER Program,
 Waterford Hospital 777-3614
 Geriatric Psychiatry Referral Coordinator
 Waterford Hospital (65 years+) 777-3486
 HOPE (Eating Disorders Program),
 Majors Path 777-2041
 Mental Health Court 726 8966
 Drug Treatment Court 729-3563
 Occupational Therapy,
 Waterford Hospital 777-3828
 Outreach, Cordage Place 777-5074
 Sexology Program,
 Waterford Hospital 777-3786
 Traumatic Stress Services,
 Cordage Place 752-4919

Therapeutic Recreation

Inpatient Therapeutic Recreation,
 Waterford Hospital 777-3587
 Outpatient Therapeutic Recreation,
 Waterford Hospital 777-3336



*Mental health information, interactive resources
 and connection to local supports & services at:*

www.bridgethegapp.ca



Online Self-Screening Tools – Anytime, anywhere.

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